

The Benefits Bulletin

Statewide Benefits Office

May 3, 2021

Open Enrollment Starts Today

Benefit-eligible employees have an opportunity during Open Enrollment to review and make changes to their benefits for the upcoming plan year. Per legislation, employees of the State of Delaware, which includes all State Agencies, DOE, K12 (School Districts and Charter Schools), DTCC & DSU, are required to actively participate in the Open Enrollment process each year. Employees who Navigate Open Enrollment and actively participate between May 3 - 19, 2021 by completing three simple steps (view the Enrollment Action Checklist to learn more) will meet the requirements to actively participate. Be sure to visit the SBO website for helpful resources including self-service guides, plan rates and information, FAQs and more.

Important Reminder

CVS Caremark* will replace Express Scripts as the new pharmacy benefit manager on July 1, 2021.

*Prescriptions CAN be filled at Walgreens, Rite-Aid, CVS, and other retail pharmacies.

What If I Have No Changes?

Even if you do not want to make any changes to your benefits and just keep what you currently have (or continue to waive coverage), during Open Enrollment you must look at Benefits Enrollment in <u>State of Delaware Employee Self-Service</u>, select "I Confirm My Selections" and click Submit to send your final benefit choices for the July 1, 2021 plan year. Also, employees who wish to continue to cover their spouse on their Highmark Delaware or Aetna health plan effective July 1, 2021, must complete the online Spousal Coordination of Benefits Form during Open Enrollment.

Hidden Treasures Find the hidden code on the CVS Caremark page on our website and email the code to sbo.communications@delaware.gov (Subject: Hidden Treasures). A random drawing from all correct responses received by the end of the month will be conducted for a prize. Congratulations to last month's winner, Paula M. from Dept. of Health and Social Services!

Skin Cancer Awareness Month

With over 5 million cases diagnosed in the United States each year, skin cancer is America's most common cancer. Fortunately, skin cancer is also one of the most preventable forms of cancer. For more information, visit the Delaware Division of Public Health's Healthy Delaware website. You can also learn more on the SBO Cancer Resources page.

May is Healthy Vision Month!

Maintaining healthy vision is vitally important and eye care should be a top priority for every Delawarean. Vision loss can affect individuals from infancy throughout their entire lifespan. The impact of vision loss is felt through every aspect of day-to-day living. Prevention and early detection are critical in the fight against vision loss. This includes getting a dilated eye exam to screen for vision problems and eye diseases.

If you have been diagnosed with an eye disease, the Delaware Division for the Visually Impaired (DVI) is here to help! DVI provides a variety of coordinated services to support individuals with vision loss. In many cases, you can continue to work, go to school and live independently with training and the use of assistive technology. For more information, call 302-255-9800.

Visit the <u>CDC website</u> for tips on how to safeguard your vision.

Check Out Additional Benefits

In addition to reviewing your options for health, dental, and vision coverage, be sure to check out the additional benefits available during Open Enrollment:

- Accident & Critical Illness Insurance
- State Group Universal Life Insurance
- Flexible Spending Account (FSA) Plan

When you visit the Flexible Spending Account page, be sure to review the changes to the Dependent Care FSA that include an increase in the maximum amount and an option to pay daycare providers directly.

Have Open Enrollment Questions/Issues?

View the **2021 Open Enrollment Help Desk Support Chart** for guidance on who to contact with specific questions/issues during Open Enrollment.